

**FREE  
Soda**

## LUNCHEON SPECIAL

(Served with White, Brown or Pork Fried Rice) 11:00 am to 3:30 pm

**FREE  
Soda**

- \$9.95**
- L1. Lo Mein (Chicken or Pork)
  - L2. Chow Mein (Chicken or Pork)
  - L3. Egg Foo Young (Chicken or Pork)
  - L4. ☐ Broccoli w. Garlic Sauce (or Mixed Vegetable)
  - L5. Sweet & Sour Chicken (or Moo Goo Gai Pan)
  - L6. ☐ Curry Chicken (or Garlic Sauce)
  - L7. Chicken w. Broccoli (or Roast Pork)
  - L8. Chicken w. Bean Sprouts (or Baby Shrimp)
  - L9. Chicken w. Cashew Nuts (or Baby Shrimp)
  - L10. ☐ Hunan Chicken (or Szechuan Style)
  - L11. Roast Pork w. Black Bean Sauce (or Chicken)

- \$10.95**
- L12. BBQ Roast Pork
  - L13. Teriyaki Chicken
  - L14. ☐ General Tso's Chicken (or Sesame)
  - L15. Shrimp w. Broccoli
  - L16. Shrimp Lobster Sauce (or Beef)
  - L17. Pepper Steak (or Beef Tomato)
  - L18. ☐ Beef w. Szechuan Style (or Hunan)
  - L19. ☐ Hot & Spicy Bean Curd (or Hunan or Szechuan)
  - L20. Hot & Spicy Baby Shrimp w. String Bean
  - L21. BBQ Spare Ribs (\$2.00 Extra)
  - L22. Boneless Spare Ribs (\$2.00 Extra)

## A & C ALL DAY SPECIAL

Served w. White Rice or Fried Rice \$2.00 Extra

- |                                                                           |                                                                   |
|---------------------------------------------------------------------------|-------------------------------------------------------------------|
| 1. Sesame Chicken & Boneless Ribs.....13.95                               | 6. BBQ Ribs & Jumbo Shrimps.....14.95                             |
| 2. <input type="checkbox"/> General Tso's Chicken & Tai Sweet Wings 13.95 | 7. Beef & Chicken Teriyaki .....14.95                             |
| 3. <input type="checkbox"/> Orange Chicken & Hot Spicy Wings .....13.95   | 8. <input type="checkbox"/> Fish & Shrimp Garlic Sauce .....14.95 |
| 4. BBQ Ribs & Golden Fingers.....14.95                                    | 9. Roast Duck & Spare Ribs.....16.95                              |
| 5. BBQ Ribs & Chicken Wings.....14.95                                     | 10. Roast Duck & Wings.....16.95                                  |

## AMERICAN SANDWICHES & Salad..

(All Sandwiches Served on Kaiser Roll) (w. FF Extra \$3.00)

- |                                              |                                                       |
|----------------------------------------------|-------------------------------------------------------|
| A1. Grilled Chicken Sandwich.....5.95        | A11. Vege Soy Bean Burger Sandwich.....5.95           |
| A2. Chicken Cutlet Sandwich.....5.95         | A12. Hijiki Tofu Burger Sandwich.....5.95             |
| A3. Teriyaki Chicken Sandwich.....5.95       | A13. Soy Bean Burger Dinner (Salad & B. Rice)..9.95   |
| A4. Hamburger.....3.95 Cheeseburger.....4.25 | A14. Hijiki Tofu Burger Dinner (Salad & B. Rice).9.95 |
| A5. Bacon Cheese Burger Sandwich.....5.95    | A15. Grilled Tofu Salad w. Tahini Dressing.....6.95   |
| A6. Double Cheese Burger Sandwich.....7.95   | A16. A & C Vege Garden Salad.....6.95                 |
| A7. Cheese Steak & Onion Sandwich.....6.95   | A17. Grilled Chicken Salad.....7.95                   |
| A8. Fried Fillet Fish Sandwich.....5.95      | A18. Grilled Shrimp Salad.....9.95                    |
| A9. BBQ Pork Sandwich.....5.95               | A19. Grilled Steak Salad.....9.95                     |
| A10. Bacon & Egg Cheese Sandwich.....5.95    | A20. Grilled Salmon Salad.....13.95                   |

☐ HOT & SPICY DISHES

A-1 Goldstar NY Printing Corp. Tel: (212) 343-3909

**FAST DELIVERY** (Min. \$20.00)

# A & C KITCHEN

**CHINESE & AMERICAN FOOD TO TAKE OUT**

**136 AVE. C, NEW YORK,**

**NY 10009 (Between 8 St. - 9 St.)**

**TEL.: (212) 677-8112**

*It's Been 32 Years!  
Thank You All!!!  
Mr. Lee*

**NO. M.S.G. • We Serve**

**Natural Brown Rice**

**We Use 100% Vegetable Oil Only**

**No Cholesterol & Low Calories**

**OPEN HOURS**

**Tuesday Closed**

Mon. Wed. Thurs: 11:00 am – 10:00 pm

Fri. – Sat. : 11:00 am – 11:00 pm

Sunday: 12:00 noon – 10:00 pm



**We Accept  
Credit Cards  
(Min. \$20.00)**

## LOW CALORIES HEALTH DISHES (Oil Free)

(Served w. Steamed Rice or Natural Brown Rice)

Special Sauce on Side If Requested

Sm. Lg.

- |                                              |       |       |
|----------------------------------------------|-------|-------|
| H1. Steamed Green Jade Chicken.....          | 9.95  | 17.95 |
| H2. Steamed Fresh Vegetable Delight.....     | 9.95  | 17.95 |
| H3. Steamed Tofu with Green Vegetable.....   | 9.95  | 17.95 |
| H4. Steamed Chicken w. Broccoli.....         | 9.95  | 17.95 |
| H5. Steamed Shrimp with Broccoli.....        | 10.95 | 18.95 |
| H6. Steamed Shrimp with Fresh Vegetable..... | 10.95 | 18.95 |
| H7. Steamed Chinese Broccoli with Chicken..  | 10.95 | 18.95 |
| H8. Steamed Jumbo Shrimp with String Bean    | 10.95 | 18.95 |
| H9. Steamed Chicken with Snow Peas.....      | 10.95 | 18.95 |
| H10. Steamed White Meat Chicken.....         | 13.95 | 21.95 |

*We Will Be Glad to Steam Most Dishes on the Menu, No Oil, with Sauce on the Side, NO EXTRA COST.*



**唐人街湯麵**

## CHINATOWN STYLE NOODLE SOUPS

(Choice of: Thin Egg Noodle, Mei Fun Noodle, Lo Mein or Chow Fun Noodle)

- |                                                 |                                                                    |
|-------------------------------------------------|--------------------------------------------------------------------|
| A. Shrimp Wonton Noodle Soup.....11.95          | F. Chinatown Duck Noodle Soup.....13.95                            |
| B. Green Vegetable & Tofu Noodle Soup.....11.95 | G. Jumbo Shrimp Noodle Soup.....13.95                              |
| C. White Meat Chicken Noodle Soup.....11.95     | H. <input type="checkbox"/> Grilled Steak Noodle Soup.....13.95    |
| D. Shanghai Dumplings Noodle Soup.....11.95     | I. <input type="checkbox"/> Hot & Spicy Beef Noodle Soup.....13.95 |
| E. Roast Pork Noodle Soup.....11.95             | J. Seafood & Veg. Noodle Soup.....13.95                            |



TEL.: (212) 677-8112

## AMERICAN & CHINESE SPECIALTIES

We Fry Cholesterol Free Way..... 100% Vegetable Oil Only w. French Fries w. Roast Pork or w. Shrimp or w. Plantain or

Plain or Fried Rice Chicken Fried Rice Beef Fried Rice Plain Lo Mein

|                                              |      |       |       |       |       |
|----------------------------------------------|------|-------|-------|-------|-------|
| 1. Fried 1/2 Chicken                         | 7.95 | 10.95 | 12.00 | 12.50 | 13.00 |
| 2. Fried Chicken Wings (4)                   | 7.95 | 10.95 | 12.00 | 12.50 | 13.00 |
| 3. Golden Fingers or Baby Shrimp             | 9.95 | 12.95 | 13.50 | 14.00 | 14.50 |
| 4. BBQ Rib Tip's or Chicken Gizzard          | 7.95 | 10.95 | 12.00 | 12.50 | 13.00 |
| 5. Fried Jumbo Shrimp or Crab Sticks         | 8.95 | 11.95 | 13.00 | 13.50 | 14.00 |
| 6. Fried Scallops or Fish or Chicken Nuggets | 7.95 | 10.95 | 12.00 | 12.50 | 13.00 |
| 7. BBQ Wing or Honey Wings                   | 8.95 | 11.95 | 13.00 | 13.50 | 14.00 |
| 8. General Tso's or Garlic Wings             | 8.95 | 11.95 | 13.00 | 13.50 | 14.00 |
| 9. Sweet & Thai or Hot Spicy Wings           | 8.95 | 11.95 | 13.00 | 13.50 | 14.00 |
| 10. Boneless Chicken or Pork Chop            | 8.95 | 11.95 | 13.00 | 13.50 | 14.00 |

French Fries.....4.00 Fried Onion Rings .....5.00 Fried Plantain ...5.00 Homemade Ice Tea 3.50

### APPETIZERS

|                                                           |           |
|-----------------------------------------------------------|-----------|
| 1. Shanghai Vegetarian Spring Roll (2)                    | 4.95      |
| 2. Shanghai Dumplings (Steamed or Fried)                  | 9.95      |
| 2a. Veg Roll or Pork Egg Roll or Shrimp Roll              | 2.50      |
| 3. Scallion Pancakes or Fried Wonton                      | 7.95      |
| 4. Sesame Wontons or Cheese Wonton                        | 8.95      |
| 5. Pan Fried or Steamed Dumplings (Pork, Chicken or Veg)  | 8.95      |
| 6. Szechuan Wontons or Dumplings                          | 9.95      |
| 7. Buffalo Wings or Thai Wings (S) 8.95 (L) 17.95         |           |
| 8. Golden Fingers w. Honey Mustard Dip (S) 9.95 (L) 18.95 |           |
| 9. Bar-B-Q Roast Pork / Boneless Ribs (S) 11.95 (L) 20.95 |           |
| 10. Bar-B-Q Spare Ribs / Roast Duck (S) 13.95 (L) 25.95   |           |
| 11. Pu Pu Platter or Seafood Platter (For 2)              | (L) 20.95 |

### SOUP

(w. Crispy Noodles) Pt. Qt.

|                                           |       |      |
|-------------------------------------------|-------|------|
| 12. Egg Drop or Wonton Soup               | 3.95  | 7.95 |
| 13. Wonton & Egg Drop Mixed               | 4.95  | 8.95 |
| 14. Chicken Noodle or Rice Soup           | 3.95  | 7.95 |
| 15. Creamy Chicken Corn Soup              | 4.95  | 8.95 |
| 16. Shrimp or Chicken Vegetable Soup      | 4.95  | 8.95 |
| 17. Tofu w. Fresh Vegetable Soup          | 4.95  | 8.95 |
| 18. Hot & Sour Soup (or Vegetarian Style) | 4.95  | 8.95 |
| 19. A & C Special Soup (or Seafood Soup)  | 11.95 |      |

### FRIED RICE

Pt. Qt.

|                                            |      |       |
|--------------------------------------------|------|-------|
| 20. Plain Fried Rice                       | 5.95 | 9.95  |
| 21. Vegetable or Eggs Fried Rice           | 7.95 | 15.95 |
| 22. Roast Pork or Chicken Fried Rice       | 7.95 | 15.95 |
| 23. Shrimp or Beef Fried Rice              | 9.95 | 17.95 |
| 24. House Special or Seafood Fried Rice    | 9.95 | 17.95 |
| 25. Young Chow Egg Fried Rice              | 9.95 | 17.95 |
| 26. Special Fried Brown Rice w. Fresh Veg. | 9.95 | 17.95 |

### LO MEIN

(Soft Noodles) Pt. Qt.

|                                      |       |       |
|--------------------------------------|-------|-------|
| 27. Vegetable Lo Mein                | 8.95  | 17.95 |
| 28. Roast Pork or Chicken Lo Mein    | 8.95  | 17.95 |
| 29. Shrimp or Beef Lo Mein           | 10.95 | 18.95 |
| 30. Seafood or House Special Lo Mein | 10.95 | 18.95 |
| 31. Peanut Sauce Lo Mein             | 10.95 | 18.95 |

### VEGETABLE & BEAN CURD

(w. White Rice or Natural Brown Rice) Pt. Qt.

|                                                  |      |       |
|--------------------------------------------------|------|-------|
| 32. Fresh Mixed Vegetable w. Garlic Sauce        | 8.95 | 16.95 |
| 33. Chinese Broccoli & Bean Curd w. Oyster Sauce | 8.95 | 16.95 |
| 34. Bean Curd w. Broccoli in Garlic Sauce        | 8.95 | 16.95 |
| 35. Sautéed Broccoli w. Snow Peas                | 8.95 | 16.95 |
| 36. Chinese Eggplant or String Bean w. G. Sc.    | 8.95 | 16.95 |
| 37. Home Style Bean Curd (or Sesame)             | 8.95 | 16.95 |
| 38. Hot & Spicy Bean Curd (or Garlic Sauce)      | 8.95 | 16.95 |
| 39. Bean Curd w. Peanut Sauce                    | 8.95 | 16.95 |
| 40. Bean Curd, Szechuan or Hunan Style           | 8.95 | 16.95 |
| 41. Curry Bean Curd w. Broccoli & Ginger         | 8.95 | 16.95 |
| 42. Bean Curd w. Black Bean Sauce                | 8.95 | 16.95 |
| 43. Bean Curd w. Cashew Nuts (or Mixed Veg)      | 8.95 | 16.95 |
| 44. Bean Curd w. Broccoli & Mushroom             | 8.95 | 16.95 |
| 45. Buddha's Delight w. Tofu in White Garlic Sau | 8.95 | 16.95 |
| 46. Ma Po To Fu (Vegetarian Style)               | 8.95 | 16.95 |

### CHOW MEIN OR CHOP SUEY

(w. Rice & Crispy Noodle) (w. White Rice) Pt. Qt.

|                                             |      |       |
|---------------------------------------------|------|-------|
| 47. Veg. or Crabmeat Chow Mein or Chop Suey | 8.95 | 16.95 |
| 48. Pork or Chicken Chow Mein or Chop Suey  | 8.95 | 16.95 |
| 49. Beef or Shrimp Chow Mein or Chop Suey   | 9.95 | 17.95 |
| 50. House Special Chow Mein or Chop Suey    | 9.95 | 17.95 |

### CHOW FUN OR MEI FUN

(Flat Rice Noodle) (Thin Rice Noodle) Per Order

|                                               |       |
|-----------------------------------------------|-------|
| 51. Vegetable Chow Fun or Mei Fun             | 14.95 |
| 52. Roast Pork or Chicken Chow Fun or Mei Fun | 15.95 |
| 53. Shrimp or Beef Chow Fun or Mei Fun        | 16.95 |
| 54. House Special Chow Fun or Mei Fun         | 16.95 |
| 55. Singapore Style Chow Fun or Mei Fun       | 16.95 |

### PAN FRIED NOODLE

|                                          |       |
|------------------------------------------|-------|
| 56. Vegetable & Tofu Pan Fried Noodle    | 16.95 |
| 57. Chicken & Vegetable Pan Fried Noodle | 17.95 |
| 58. Beef & Vegetable Pan Fried Noodle    | 17.95 |
| 59. Shrimp & Vegetable Pan Fried Noodle  | 19.95 |
| 60. Seafood & Vegetable Pan Fried Noodle | 19.95 |

Hot & Spicy

### CHICKEN (w. White Rice) Pt. Qt.

|                                                   |      |       |
|---------------------------------------------------|------|-------|
| 61. Chicken w. Broccoli                           | 9.95 | 17.95 |
| 62. Chicken w. Garlic Sauce                       | 9.95 | 17.95 |
| 63. Chicken w. Fresh Vegetable                    | 9.95 | 17.95 |
| 64. Chicken String Bean or Eggplant in Garlic Sc. | 9.95 | 17.95 |
| 65. Chicken w. Broccoli in Peanut Sauce           | 9.95 | 17.95 |
| 66. Chicken w. Cashew Nuts or Black Bean          | 9.95 | 17.95 |
| 67. Chicken w. Black Bean or Pepper Tomato        | 9.95 | 17.95 |
| 68. Curry Chicken or Kung Po Chicken              | 9.95 | 17.95 |
| 69. Chicken w. Hot & Spicy Chili Sauce            | 9.95 | 17.95 |
| 70. Chicken w. Black Bean Sauce                   | 9.95 | 17.95 |
| 71. Chicken w. Chinese Vegetable                  | 9.95 | 17.95 |
| 72. Hunan Chicken (or Szechuan Style)             | 9.95 | 17.95 |
| 73. Sesame Chicken or Moo Goo Gai Pan             | 9.95 | 17.95 |
| 74. General Tso's Chicken (or Orange)             | 9.95 | 17.95 |

### PORK (w. White Rice) Pt. Qt.

|                                               |      |       |
|-----------------------------------------------|------|-------|
| 75. Roast Pork w. Chinese Broccoli            | 9.95 | 17.95 |
| 76. Roast Pork w. Broccoli                    | 9.95 | 17.95 |
| 77. Roast Pork w. Garlic Sauce                | 9.95 | 17.95 |
| 78. Roast Pork w. String Bean in Garlic Sauce | 9.95 | 17.95 |
| 79. Roast Pork w. Eggplant in Garlic Sauce    | 9.95 | 17.95 |
| 80. Roast Pork w. Pepper Tomato               | 9.95 | 17.95 |

### BEEF (w. White Rice) Pt. Qt.

|                                                |       |       |
|------------------------------------------------|-------|-------|
| 81. Beef w. Broccoli                           | 10.95 | 19.95 |
| 82. Beef w. Broccoli in Garlic Sauce           | 10.95 | 19.95 |
| 83. Pepper Steak w. Onion                      | 10.95 | 19.95 |
| 84. Hot & Spicy Beef (or Curry Beef)           | 10.95 | 19.95 |
| 85. Mongolian Beef w. Onion & Scallops         | 10.95 | 19.95 |
| 86. Beef w. Chinese Broccoli Oyster Sauce      | 10.95 | 19.95 |
| 87. Szechuan Beef (or Hunan Style)             | 10.95 | 19.95 |
| 88. Shredded Beef w. String Bean in Garlic Sc. | 10.95 | 19.95 |
| 89. Orange Beef or Sesame Beef                 | 10.95 | 19.95 |

### SEAFOOD (w. White Rice) Pt. Qt.

|                                             |       |       |
|---------------------------------------------|-------|-------|
| 90. Shrimp w. Broccoli in Garlic Sauce      | 10.95 | 19.95 |
| 91. Shrimp w. Lobster Sauce                 | 10.95 | 19.95 |
| 92. Shrimp w. Broccoli                      | 10.95 | 19.95 |
| 93. Shrimp w. Pepper & Tomato               | 10.95 | 19.95 |
| 94. Shrimp w. String Bean in Garlic Sauce   | 10.95 | 19.95 |
| 95. Curry Shrimp or Kung Po Shrimp          | 10.95 | 19.95 |
| 96. General Tso's Shrimp (or Orange Shrimp) | 10.95 | 19.95 |
| 97. Sesame Shrimp                           | 10.95 | 19.95 |

### Moo Shu (w. 4 Pancakes)

|                                    |       |
|------------------------------------|-------|
| 98. Moo Shu Vegetable or Bean Curd | 17.95 |
| 99. Moo Shu Chicken or Roast Pork  | 18.95 |
| 100. Moo Shu Shrimp or Beef        | 19.95 |

### SWEET & SOUR

(w. White Rice) Pt. Qt.

|                                   |      |       |
|-----------------------------------|------|-------|
| 101. Sweet & Sour Bean Curd       | 9.95 | 17.95 |
| 102. Sweet & Sour Chicken or Pork | 9.95 | 17.95 |
| 103. Sweet & Sour Shrimp          | 9.95 | 17.95 |

### EGG FOO YOUNG

(Chinese Style Omelettes) (w. White Rice) Per Order

|                                          |       |
|------------------------------------------|-------|
| 104. Vegetable or Mushroom Egg Foo Young | 16.95 |
| 105. Roast Pork or Chicken Egg Foo Young | 16.95 |
| 106. Shrimp or Beef Egg Foo Young        | 17.95 |

## CHEF'S SPECIAL

- S 1. **SEAFOOD DELIGHT** ..... 20.95  
Lobster meat, jumbo shrimp, scallops and crabmeat with mixed vegetables in a tasty seafood sauce.
- S 2. **HAPPY FAMILY** ..... 20.95  
A delicious blend of lobster meat, jumbo shrimps, chicken, pork, beef, w. vegs. in special sauce.
- S 3. **SUBGUM WONTON** ..... 19.95  
Jumbo shrimp, chicken & roast pork combined w. Chinese vegetable served w. crispy fried wonton.
- S 4. **HOT & SPICY CRISPY SHRIMP** ..... 20.95  
Jumbo shrimp, quickly fried in high heat to ensure in crispness flavor sauteed immediately with Chinese vegetable in our chef's tangy sauce.
- S 5. **TRIPLE DELIGHT** ..... 19.95  
An excellent combination of chicken, beef, and shrimp with vegetable in brown sauce.
- S 6. **FOUR SEASONS** ..... 19.95  
Jumbo shrimp, beef, chicken and roast pork combined with Chinese vegetable.
- S 7. **DOUBLE DELICIOUS** ..... 19.95  
Chicken & shrimp w. sauteed onion & pepper, tomato in chef's special Tso's sauce w. steamed broccoli.
- S 8. **LAKE TUNG TING SHRIMP** ..... 20.95  
Jumbo shrimp marinated w. broccoli, mushroom, and snow peas in white sauce.
- S 9. **BUTTERFLY SHRIMP** ..... 20.95  
Pan fried jumbo shrimp with bacon, topped w. almond and rich tomato sauce with onion.
- S10. **HUNAN CHICKEN & SHRIMP** ..... 19.95  
Chicken & jumbo shrimp sauteed w. baby corn green & red pepper, snow peas, in chef's special hot sauce.

## COMBINATION PLATTER

(Served w. Pork Fried Rice & Egg Roll)

- C 1. **Chow Mein (Chicken or Pork)** ..... 12.95
- C 2. **Lo Mein (Chicken or Pork)** ..... 12.95
- C 3. **Broccoli (Chicken or Pork)** ..... 12.95
- C 4. **Shrimp w. Broccoli in Garlic Sauce** ..... 12.95
- C 5. **Jumbo Shrimp w. Lobster Sauce** ..... 12.95
- C 6. **Diced Chicken w. Cashew Nuts** ..... 12.95
- C 7. **Egg Foo Young (Chicken or Pork)** ..... 12.95
- C 8. **Pepper Steak w. Onion or Tomato** ..... 12.95
- C 9. **Sweet & Sour Pork or Chicken** ..... 12.95
- C10. **Chinese Vegetable (Chicken or Pork)** ..... 12.95
- C11. **Moo Goo Gai Pan** ..... 12.95
- C12. **Chicken w. Garlic Sauce** ..... 12.95
- C13. **Sesame Chicken** ..... 12.95
- C14. **General Tso's Chicken** ..... 12.95
- C15. **Orange Chicken** ..... 12.95
- C16. **Teriyaki Chicken** ..... 12.95
- C17. **Bar-B-Q Spare Ribs** ..... 15.95
- C18. **Boneless Spare Ribs** ..... 15.95